

2026 SKATING EDGE WINTER GAMES

OFFICIAL SOLO SKILLS SHOWCASE PRACTICE GUIDE



We're so excited to welcome all skaters to the ice for this year's Winter Games! The Solo Skills Showcase is designed to be fun, supportive, and confidence-building for every level.

Here's what skaters and families need to know:

We'll begin with a fun, festive Opening Ceremonies lap where all skaters take the ice together. After that, everyone receives 3 minutes of warm-up time before the Solo Skills Showcase starts. Judges will call groups by level and guide skaters to their designated areas to perform a selection of skills from the list below. The format is friendly and encouraging — all about building confidence and celebrating progress. If any skills feel challenging, simply connect with your coach. We're here to help every skater feel prepared!

USE THIS GUIDE TO HELP YOUR SKATER PREPARE.

SNOW PLOW SAM

Dips
Backward Wiggles
March

BASIC SKILLS 1

Forward Swizzles
Two-Foot Hops
Dips

BASIC SKILLS 2

One-Foot Glide
Backward Swizzles
Forward Swizzles

BASIC SKILLS 3

Backward 1-Foot Stop
Half Swizzles
One-Foot Glide

BASIC SKILLS 4

Backward 1-Foot Glide
Forward Crossovers
Backward 1-Foot Stop

BASIC SKILLS 5

Backward Crossovers
Outside 3-Turns
Forward Crossovers

BASIC SKILLS 6

T-Stop
Spirals
Outside 3-Turns

PRE-FREE SKATE

Mohawk Combination
One-Foot Spin
Spirals

FREE SKATE 1

Waltz Jump
One-Foot Spin
Outside 3-Turns

FREE SKATE 2

Half Lutz
Alternating Spirals
Waltz Jump

FREE SKATE 3

Back Spin
Loop Jump
Alternating Spirals

FREE SKATE 4

Sit Spin
Flip Jump
Loop Jump

FREE SKATE 5

Camel Spin
Lutz Jump
Sit Spin

FREE SKATE 6

Camel/Sit Spin Combo
Waltz/Half Loop/
Salchow Sequence

ADULT BEGINNER

Forward Swizzles
Snowplow Stops
Dips

ADULT ADVANCED

One-Foot Spin
Backward Crossovers
One-Foot Glide*

HOCKEY 1-2

Forward Swizzles
Right/Left Foot Stop
March

HOCKEY 3-4

Crossovers
C-Cuts
One-Foot Glide

SKATERS MAY CHOOSE DIRECTION OR FOOT (L/R). SOME LEVELS MAY BE COMBINED ON EVENT DAY..



JANUARY 18 | 2-4PM

LEARN MORE & REGISTER ONLINE!

